

# Client Advocacy Information

## What is disability advocacy?

Disability advocacy is acting, speaking and writing to promote, protect and defend the human rights of people with disability. Here at RIAC, we provide individual advocacy which is a one-on-one approach that will be undertaken by an advocate to prevent or address instances of unfair treatment or abuse.

### What RIAC advocates can do:

- Help you to speak up for yourself
- Write a letter with, or for you
- Give you information about other places that can support you
- Make sure your voice is heard at meetings
- Help you to make a complaint
- Support you to understand your rights

### What RIAC advocates can NOT do:

- Make decisions for you
- Provide case management
- Act as a mediator
- Help with NDIS pre-planning
- Provide counselling
- Provide legal advice
- Provide medical advice
- Provide financial counselling

### What you can do to help your advocate

Let them know what you want to happen with your issue  
Let them know if anything changes along the way  
Give them any important paperwork that relates to your issue