

The logo for RIAC (Rights Information and Advocacy Centre) features the word "riac" in a lowercase, sans-serif font. The letters "ri" are white, "a" is yellow, and "c" is white. The background is a solid blue.

your rights, your voice

Rights Information and Advocacy Centre

FREE SERVICE

Contact us today on

03 5222 5499

or

referrals@riac.org.au

Support Groups For Carers

Support Groups for Carers provides support for mothers, fathers, grandparents and anyone caring for a person with Disability under 18 years of age.

RIAC's support groups provide the opportunity for parents/carers in similar situations to meet on a regular basis for:

- **Social interaction**
- **Education**
- **Information**
- **Sharing ideas**
- **Sharing strategies**
- **Mutual support**

RIAC will provide resources and support to start and maintain a group in your local area.

The goal of RIAC support groups are to become self sustainable and ongoing.

www.riac.org.au

Support Group for Carers areas of service

- City of Greater Bendigo
- Loddon Shire
- Gannawarra Shire
- Swan Hill Shire
- Mildura Shire
- Campaspe Shire
- Mount Alexander Shire
- Macedon Ranges
- Central Goldfields

For more information on program service areas and eligibility please contact our intake on

03 5222 5499

or visit our website

www.riac.org.au



RIAC acknowledges all Aboriginal and Torres Strait Islander peoples, the Elders and respected persons (past, present and emerging) and recognise their connection to country, water and community.



Families,
Fairness
and Housing



Artwork by local artist: Troy Firebrace - FIREBRACE Designs