

Statement of Lived Experience Supports

Introduction

1. I am writing this statement in support of my application for a Review of a Reviewable Decision of the National Disability Insurance Agency (**NDIA**) to [insert NDIA decision you wish to review].
2. The purpose of this statement is to share with the NDIA the background to my request for supports from my lived experience with my condition.
3. Your story to this point – e.g. what is your condition, where you are living, the challenges you've faced, anything you would like the NDIA to know about

Benefits of more support

1. How can this support help you to achieve your NDIS goals?
2. How can this support help you to be a more active member of society?
3. Have any other cheaper similar supports been tried and unsuccessful?
4. Describe how life has been for you living without the support
5. What are the long term benefits you see in having more support?
6. What do you think will change in your life with more support?
7. What are the risk factors involved in your life if you don't receive the support (include any lived experience examples)

Informal Supports

8. Explain who your informal supports are (if any)
9. Explain the limitations of your informal supports.
10. Explain risks to your wellbeing from your reliance on the support of family members/carers/informal networks/community, including how this may reduce your independence.
11. Explain risks of the long term wellbeing of any informal supports in your life

Conclusion

12. What are your future plans? What would you like to achieve?
13. Include any other information you would like the NDIA to know to help them understand your circumstances.
14. I thank you for your consideration of my personal experience. I hope it helps you to understand why I have made the request for [insert requests for more supports].

Signature: _____

Name: _____ Date: ____/____/____